COURSE SYLLABUS

# Change Management for Leaders: Preparing for an Unknown Future Course

Build readiness to lead teams through change by recognizing reactions, managing resistance, and applying a structured six-step approach that supports adaptation and growth.

For more information, visit
https://www.creativelive.com/classes/change-management-for-leaders-preparing-for-an-unknown-future-course



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## Course Outline

### Module 1: Leadership and Change

- Describe how volatility, uncertainty, complexity, and ambiguity impact leadership effectiveness.
- Explain why traditional, linear change approaches are insufficient in unpredictable environments.
- Distinguish between change and transition and explain why leaders must address both.
- Identify the leader's role in building adaptability rather than certainty.

### Module 2: How Humans React to Change

- Identify common emotional and behavioral reactions to change in individuals and teams.
- Explain why resistance often reflects unmet needs rather than lack of commitment.
- Assess where individuals and teams are positioned on the change curve.
- Describe how trust and psychological safety influence change adoption.

### Module 3: Leading Yourself Through Uncertainty

- Evaluate your own leadership responses to stress and ambiguity.
- Identify personal strengths and blind spots that affect how you lead during change.
- Apply self-regulation strategies to maintain credibility and effectiveness.
- Make informed leadership decisions when information is incomplete or evolving.

### Module 4: Leading Others Through Change

- Communicate change in ways that provide clarity, empathy, and transparency.
- Identify resistance and barriers to change adoption.
- Apply the ADKAR model to diagnose barriers to change adoption.
- Adapt communication approaches to different change tolerance levels.

### Module 5: Leading Organizations Through Change

- Align change initiatives with organizational strategy and priorities.
- Identify key stakeholders and define engagement and communication approaches.

- Establish simple metrics to assess adoption, engagement, and capability.
- Apply learning loops (e.g., PDCA) to adjust course as conditions evolve.